

## Boys: First Tour

- **Please prioritize personal hygiene!** Use deoderant, shower, and keep clean. Being independent is fun, but make sure you are keeping yourself clean like you would do at home. Remember, do not bring aerosols like perfume and body spray because people are allergic. If you are bringing hand cream, etc. make sure it is unscented.
- **Do not overpack!** Only bring what you need so you have room to purchase things. Remember that you are limited to one bag and one carry-on, so pack accordingly, leaving room for purchases. While shopping, do not buy stuff that you can get at home, and do not buy stuff that you can not fit in your bags to take home. Remember to save some money for the bus drivers for a tip when the tour is over.
- **Friend drama happens.** Living together for a week can be difficult, and there might be some conflicts among you and your friends. Don't be afraid to come and talk to us about it so we can help you. If you find yourself getting sick of people, switch up your quads or eat dinner with different people. This is a great opportunity to meet new friends, so don't let drama get in the way of your tour.
- **Homesickness is normal.** Being away from home can be scary, but just remember that you are not alone. Confide in your friends, Drum Majors, Section Leaders, chaperones, and staff. We all know what it's like going on your first tour, so don't be afraid to talk to us.
- **Clean your room (even though your mom isn't there to tell you to.)** Yes you have some freedom and no mom there to nag you to pick up your clothes. However, please keep your room or sleeping space neat and tidy. It will ensure you don't leave anything behind, lose anything, and that your roomates can enjoy their stay too. It is respectful to the building we are staying in and it shows that you care. Also remember to be fully dressed at all times.
- **Dress code.** Remember that you are representing the band, the city, and the country everywhere you go. So wear clothing that covers you properly. Pants should not show your undergarments and should not sag, and shirts should have appropriate symbols, or phrases on them. Remember to dress with class. Otherwise, you will be asked to change or given something to cover up. The dress code while in the airport both on our way to and from Holland is formal. No jeans are to be worn. Typically, males wear khaki pants, dress pants, a collared shirt, or something presentable and classy. Once you are on the plane, you may change into comfier clothes for the flight. However, when we are landing, you will be required to change back into your formal clothing. Likewise, make sure that you have your band jacket at all times do not pack it in your luggage, put it in your carry on. (Please note, the maple leaf shirt and tour shirt don't *always* replace a band jacket, so make sure to listen for instructions during meetings). You will be required to WEAR it (not around your waist unless told so) frequently, including free time when you are out in a quad, so make sure you have it always!

- **Eat well.** We understand that not having your parents there to make you eat your fruits and veggies is exciting. But on tour, you will be constantly performing, sightseeing, walking, etc. So it is important to keep yourself fuelled... that means more than chips and pops for meals! NEVER EVER skip breakfast! Get plenty of protein and vitamins, and eat food that will boost your energy, not destroy it.
- **Quad up!** It is a band rule that during any and ALL free time, you must be in a group of four people or more. You are NOT allowed to venture off alone, or with less than four people. That means that you don't go to the washrooms without your group. If one person goes into a store, you all go into that store. If you can't find a group to join, come see Drum Majors, staff, or a chaperone and we can help you find a group. Don't be nervous that you won't find one, because you are always welcome in our quads!
- **Pride of Burlington.** While on tour, you are representing the band. Please remember manners. Those include removing hats while at a table, saying "please" and "thank you" ALL the time. That also includes apologizing profusely, even when it isn't our fault... after all, we are Canadian! Just remember to show respect to anybody and everybody while on tour.
- **We are there to perform.** Yes the tour will be fun, but we are first and foremost there to perform. So make sure you are getting proper hydration and rest, packing all uniform items, and preparing yourself to perform like we are known for. Please take care of yourselves so we can perform to our full potential. This includes bringing all required uniform equipment such as clean gloves, clean shoes, a magic eraser for your shoes in between performances, tools to clean your instrument, etc. This also means that when the uniform goes on, jewellery and makeup comes off.
- **Do not do anything you wouldn't do at home!** Smoking and drinking are strictly forbidden. Under no circumstances may a band member indulge in these things while on tour. If you are caught under the influence, severe consequences will be inflicted upon you and it will most likely ruin the tour. Do not do anything that your parents would not be proud of, and do not disrespect the band rules.